

Skipping rope SPOKEY-CANDY ROPE ball bearings 300 cm



Available sizes	Reference number	Ean number	Quantity
300 cm	804270	5905339436306	3+

Suggested retail price: 6.99 € s DPH

Description

Spokey skipping rope. The bearing jump rope in a nice blue color is suitable for training. During exercise, it helps to activate the muscles of the whole body and speeds up the metabolism. Its advantage is the non-slip handles that fit perfectly in the hand. They don't slip during training, so you can focus on your performance.

The blue jump rope has a fixed cable, the length of which can be adjusted according to your height. The cable is fixed in a bearing located inside the handle and ensures perfectly smooth movement during jumps. The bearing jump rope is great for fitness training. It helps to strengthen the muscles of the legs and at the same time you develop and strengthen the activity of the internal organs, the circulatory, respiratory and thermoregulatory systems. Thanks to this movement, you breathe regularly and improve joint mobility.

Product details:

- bearing rope
- suitable for fitness training
- anti-slip handles
- adjustable cord
- cable fixed in a bearing located inside the handle
- bearings for fast and smooth swing
- helps to activate the muscles of the whole body and speed up the metabolism
- cable length: 300 cm
- wire diameter: 5 mm
- handle length: 13 cm